



DRIVING VETERANS FUTURES THROUGH GOLF

CONTACT INFO

28 Falstaff House, Bardolph Road,
Richmond, Surrey, TW9 2LH

0208 334 2010

info@oncoursefoundation.com
www.oncoursefoundation.com
[@oncoursecharity](https://www.instagram.com/oncoursecharity)

Registered charity number:
1136618



**CAPTAINS CHARITY
BROCHURE**



THE NEED

The make-up of our beneficiary pool is varied - physical injuries, long-term life debilitating illness and mental health issues, including Post-Traumatic Stress Disorder (PTSD), in response to experiences encountered whilst serving in the military.

Many veterans have fallen into a trap of social isolation and fail to reintegrate back into society after discarding not only their employment but also the camaraderie of Service life.

ABOUT US

On Course Foundation (OCF) continues to provide positive provision for wounded, injured and sick Service personnel and veterans - supporting their recovery through confidence building golf events and opportunities for employment in the golf industry.



**THE ONLY GOLF
SPECIFIC MILITARY
CHARITY IN THE UK**

WHY GOLF?

Golf is one of a few sports that can be played on a level playing field and in our 12 years of operation we have seen the profound positive effect that our programme and on-going participation in golf can have on our beneficiaries, improving both physical and mental strength, as well as providing a sense of purpose and achievement for veterans.



OUR STORY SO FAR

400

confidence building events delivered since 2010.

900

beneficiaries introduced to our golf programme.

101

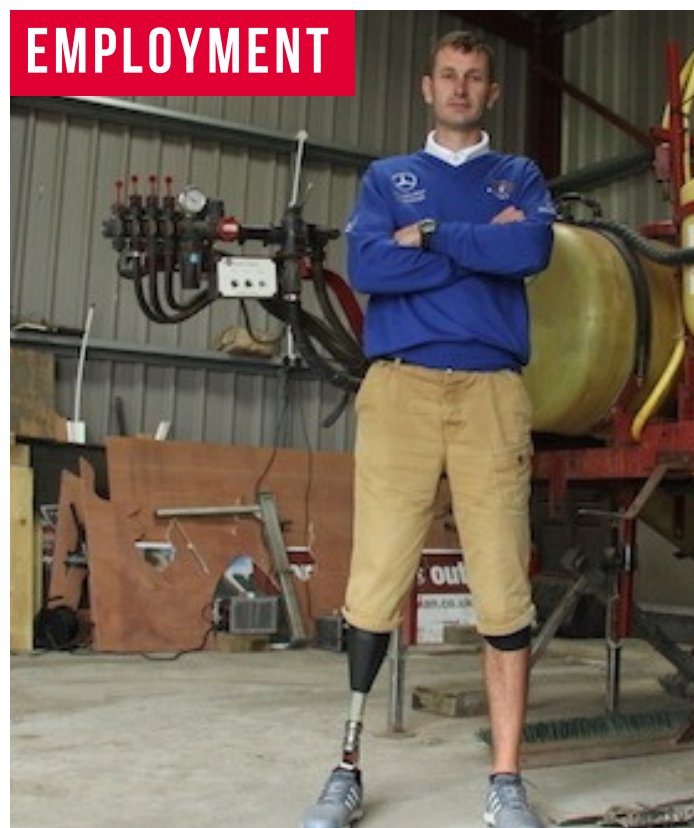
beneficiaries placed in paid employment positions.

75

pence per £1 spent on charitable activities in 2022-23.



EMPLOYMENT



David Sneddon's life changed forever in 2010 when his Battalion - the Royal Scots Borderers, were attacked by the Taliban. A bullet to the knee left him with an infection which led to the amputation of his right leg. David was introduced to golf and subsequently to an opportunity to work as a Greenkeeper at Kingsfield Golf Centre in West Lothian.

"I needed a job where I would be outside after spending 18 years in the Army and OCF supported me with this. It's something that I never expected to do when I left the Army but I just love it and I love Kingsfield too. You get treated like a family and that's something I appreciate so much."

GOLF PARTICIPATION



Kate Surman, had just been selected for the rank of Major in the Royal Electrical and Mechanical Engineers before being diagnosed with Rare Ewings Sarcoma , leading to her medical discharge.

"It initially has given me confidence that I can achieve again and it has taught me a new sport and given me the drive and motivation back that I had lost following my illness. It has given me competition back that I thrive for and also a continual aim. I now feel comfortable around others and the worries of disfigurement and scarring disappear along with any apprehension of being judged by others."

MENTAL WELL-BEING



Scott Robertson served as a Sergeant in the Royal Signals for almost 14 years but was medically discharged after being diagnosed with PTSD from tours of Afghanistan.

"On Course Foundation have literally saved my life these past couple of years. I've been in the darkest of places at times and if it wasn't for the events I wouldn't be here today. The camaraderie, inclusive environment and being outdoors playing a sport I love with like-minded people has been a massive help to me. The events are time away from the pressures of life and the darkness that surrounds mental health problems."

HOW WE DO IT THE 'TRANSITION PATHWAY'





OUR OBJECTIVES

- **Long-term golf participation:** Being introduced to a lifelong game, where skills can continue to be developed both on and off the course.
- **Improving mental wellbeing:** Providing an outlet to support on-going issues with positive effects on everyday life, including family relationships.
- **Employment opportunities:** Providing the chance to explore an alternative career in the golf industry.

“ With the help of the PGA coaches, the staff and my fellow beneficiaries I have improved my golf game and have become a better person by being more confident and a lot happier - my mental health has improved so much.

Thank you to On Course Foundation for their on-going support in helping me improve my golf game but more importantly, my mental health. ”

Nick Franklin, Beneficiary

LEVELS OF GIFT

£1,500



will fund the cost of a 2-day Employment Insight Workshop for up to eight beneficiaries.

£3,500



will fund the cost of a 2-day Golf Skills and Employment Course in your region for up to 16 beneficiaries.

£10,000



will fund the cost of our programme of twelve Introductory Golf Events for up to 100 new beneficiaries.

£15,000



will support the costs of our Employment Programme, creating opportunities for up to 24 beneficiaries.



"Thank you for your help and support during the year - we hope and wish you incredible success in the years to come.

We both believe in your vision and mission of giving help to a sector where it is desperately needed but often forgotten by the public and government."

Henri Botha and Andrea Vanner - Captains, Gerrards Cross Golf Club



"When I was fortunate to become captain of Woburn Golf Club in 2017, it was really a no brainer for me that my charity was On Course Foundation

I can see and have experienced that this is not only life-changing for the beneficiaries but also for their families. This really hit me hard and I urge any current or future captains to get in touch."

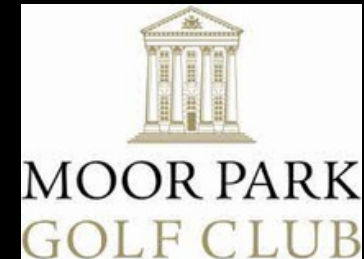
Cliff Weight - Captain, Woburn Golf Club



"Without a second thought I knew the charity that I wanted to support was On Course Foundation. I thoroughly enjoyed my year and I am grateful for their support.

They're a great charity and they do so much for our boys and girls that are keeping our country safe. So let's keep them safe and support them by having them as your charity - they really are one in a million."

Helen Maclean - Captain, Moor Park Golf Club



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CARLY BOOTH



NICK DOUGHERTY



COLIN MONTGOMERIE



PAUL MCGINLEY



DI STEWART



JAMES TAYLOR



Our small but dedicated team and pool of inspirational beneficiaries will be on hand to support during your year in office.

CONTACT US

Will Barker
Head of Fundraising

will.barker@oncoursefoundation.com

P: 02083342010

M: 07856002176

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OUR SUPPORTERS

